

10 things to do in lockdown

As events are cancelled, public places, restaurants and shops keep their doors closed, and foreign travel feels like a distant memory. What's there to do as a family while we continue our fight against Covid-19?

We've compiled some suggestions to help make your lockdown time fun and interesting – and perhaps life transforming!



Grab your cocktail shaker, set up a zoom call, and have a cocktail making competition. Make a classic cocktail; from Negronis, to Manhattans.



Spend some time honing your cooking skills, ready for when you can entertain again. Try out some new recipes, or maybe a different cuisine, There may be a masterchef hidden inside.



Ever wanted to visit a particular museum, or Buckingham Palace, or Harry Potter World? Lots of place are offering virtual tours and visits.



Host a virtual games night! Escape rooms, a murder mystery evening, or even grab your dabber and get bingo calling: 'legs eleven' anyone?



Grab a cuppa and a good book that you have always wanted to read. You could even encourage others to join you in a virtual book club.



It's a perfect time to learn a new hobby; maybe a new language, instrument, something creative such as painting, or something more unusual; there are so many free online classes.



Over indulged on those biscuits? How about a HIIT session or starting Couch to 5k? Exercise is important, not only for your physical health, but also your mental health.



Grab a globe or map and get planning your next holiday destination. Check out the sites you want to visit, read up on the culture, and even learn to cook a national dish.



DIY– fix those things you put off every weekend. Dust off the toolbox and get the house ready for visitors with your DIY skills.



Relax and breathe; take some time to lean meditation or relaxation techniques.