

## Being a parent has never been easy. Could you volunteer for 2-3 hours per week to help a family?

Parenting can be lonely, frustrating, heart breaking and overwhelming. Lifechanging events can happen to anyone. Our next training course starts Tuesday 24th September, 1 morning per week for 8 weeks.

Contact us today to find out more

home-startwd.org.uk 0118 988 8025

Charity no. 1109629 Shinfield Grange, Cutbush Lane, Shinfield, READING, RG2 9AF

