



For parents of both the Infant and Junior schools, I run the 6 week Triple P Parenting course, see details below and contact me on 07789480521 if you would like to attend, Lisa Ward – Parent Support Adviser

SMALL CHANGES,
BIG IMPROVEMENTS.



THE PARENTING PROGRAMME
PROVEN TO WORK

TRIPLE P – POSITIVE PARENTING PROGRAMME

WHAT IS TRIPLE P?

Triple P is a parenting programme, but it doesn't tell you how to be a parent. It's more like a toolbox of ideas. You choose the strategies you need. You choose the way you want to use them. It's all about making Triple P work for you.

WHAT DOES TRIPLE P DO?

The three Ps in 'Triple P' stand for 'Positive Parenting Programme' which means your family life is going to be much more enjoyable.

Triple P helps you:

- Raise happy, confident kids
- Manage misbehaviour so everyone in the family enjoys life more
- Set rules and routines that everyone respects and follows
- Encourage behaviour you like
- Take care of yourself as a parent
- Feel confident you're doing the right thing