

Shinfield Infant and Nursery School

Anti-bullying Week 22nd-26th November 2021 - 'One Kind Word'

Dear Parents,

Anti-Bullying Week is coordinated in England and Wales by the Anti-Bullying Alliance and takes place in November. We will be having an Anti-bullying week at school next week, and it will have the theme 'One Kind Word.' This national theme week is a great way to get involved, take a stand against bullying and raise awareness in our school.

Kindness is more important today than it has ever been. The isolation of the last year has underlined how little acts of consideration can break down barriers and brighten the lives of the people around us. This is one of the reasons, that 'One Kind Word' has been chosen as the theme of Anti-Bullying Week. Throughout the week class teachers will be sharing the same positive messages about spreading kindness through kind words and deeds.

We would like to launch the week by having an 'Odd Sock' day on Monday 22nd November. The children and staff are being invited to wear odd socks into school on the Monday. Odd Socks Day is designed to be fun! It's an opportunity to encourage people to express themselves and celebrate their individuality and what makes us all unique! There will also be year group assemblies on this day to launch the week.

The 'One Kind Word' theme aims to teach children:

- What bullying might look like
- How it feels to experience bullying behaviour
- That bullying is unacceptable behaviour and should not be tolerated
- How to keep themselves safe and get help if they experience bullying
- To encourage and support children to show more kindness towards one another
- Understand the importance of kindness and how it can affect our lives for the good

Bullying is a serious issue. Our aim is to raise awareness and to promote positive behaviours at our school and to provide our pupils with the tools if they experience bullying behaviour and what to do in such circumstances. Please do take the time next week to talk to your child about Anti-bullying week and to embrace the 'One Kind Word' theme'.

THE ONE KIND WORD CALL TO ACTION

**Ask if someone's OK. Say you're sorry.
Just say hey.**

In a world that can sometimes feel like it's filled with negativity, one kind word can provide a moment of hope. It can be a turning point. It can change someone's perspective. It can change their day. It can change the course of a conversation and break the cycle of bullying.

Best of all, one kind word leads to another. Kindness fuels kindness. So from the playground to Parliament, and from our phones to our homes, together, our actions can fire a chain reaction that powers positivity. It starts with one kind word. It starts today.



**ONE
KIND
WORD**

Please contact your child's class teacher or Mrs Summers (Deputy Head Teacher) if you have any queries or questions about our focus week.

With thanks