



**Year 1**

**Information Meeting**

# Stages of Primary Education



- Foundation Stage 1 – Nursery
- Foundation Stage 2 – Reception Class (F2)
- **Key Stage 1: Infant School; Years 1 & 2**
- Key Stage 2: Junior School; Years 3, 4, 5 & 6



# Year 1 Staff

**Mrs Fisher and Mrs Foldvari**

**Apple Class Teachers**

Support Staff - Miss Hale

**Miss Woolridge**

**Cherry Class Teacher**

Support Staff – Miss Lendrum

**Miss Hopkins**

**Plum Class Teacher**

Support Staff – Mrs Walker

Support staff working across the year group are Mrs Harding, Miss J, Miss Taphouse and Miss Williams



# Topics



- Autumn    Term 1 - People and Places  
              Term 2 - Sparkle
  
- Spring     Term 3 - Planets  
              Term 4 - Traditional Tales
  
- Summer    Term 5 - Wonders of our world  
              Term 6 - Water



# Timetable



Timetable for Year One **Apple/Cherry/Plum**

|   | Monday  | Tuesday  | Wednesday   | Thursday  | Friday  |
|---|---|--|---|---|---|
|   | TA's to change reading & sharing books today please                 |  | PPA   |   | GGB   |
| 9:00-9:10   | Register  | Register   | Register  | Register  | Register  |
| 9:10 – 9:40   | Phonics   | Phonics  | Phonics   | Phonics   | Phonics   |
| 9:40-10:25  | Maths   | Maths  | Maths   | Maths   | Maths   |
| 10:30-10:45   | Assembly<br>Reading Groups<br>Handwriting Group                     | Assembly<br>Reading Groups<br>Handwriting Group  | Assembly<br>Reading Groups<br>Handwriting Group   | Assembly<br>Reading Groups<br>Handwriting Group   | Celebration Assembly  |
| 10:50-11:05   | Break   | Break  | Break   | Break   | Break   |
| 11:05-11:10   | Fruit and Story   | Fruit and Story  | Fruit and Story   | Fruit and Story   | Fruit and Story   |
| 11:10-12:10   | Handwriting<br>English  | Handwriting<br>English   | Handwriting<br>English  | Handwriting<br>English  | Handwriting<br>English  |
| 12:15-1:15  | Lunch   | Lunch  | Lunch   | Lunch   | Lunch   |
| 1:15-1:20   | Register<br>Interventions CW  | Register   | Register  | Register<br>Interventions CW  | Register<br>Interventions CW  |
| 1:20pm – 1:55pm<br>1:55pm – 2:30pm<br>2:30pm – 3:05pm | Geography<br>PSHE<br><br>Geography<br>PSHE<br><br>Geography<br>PSHE | Computers & Library<br>Science<br><br>Computers & Library<br>Science<br><br>Computers & Library<br>Science | Music<br>Outdoor Learning<br>Relax Kids<br>Relax Kids<br>Outdoor Learning<br>Music<br>Relax Kids<br>Music<br>Outdoor Learning | PE Whole Year Rotation<br><br>A/C/P – Teacher Led<br>C/P/A – Usports<br>P/W/C – Teacher Led | Art/DT<br>Golden Time<br><br>Art/DT<br>Golden Time<br><br>Art/DT<br>Golden Time |
| 3:10-3:20   | Story & home  | Story & home   | Story & home  | Story & home  | Story & home  |



# Timetable

PE will be on a Thursday



| Autumn 1  | Autumn 2  | Spring 1   | Spring 2  | Summer 1  | Summer 2  |
|---|---|--|---|---|---|
| <b>Outdoor – Teacher led</b><br>Parachute games         | <b>Outdoor – Teacher Led</b><br>Travelling Backwards, forwards, incorporating ball skills | <b>Indoor Teacher led</b><br>Yoga                  | <b>Indoor Teacher Led</b><br>Dance rhythm, and performance for class assembly | <b>Outdoor Teacher Led</b><br>Athletics - Running, jumping and throwing | <b>Outdoor Teacher Led</b><br>Athletics (Sports day practice) |
| <b>Indoor USports</b><br>Gymnastics – Symmetry Balances | <b>Indoor Usports</b><br>Dance – Rhythms, patterns, moves and feelings                    | <b>Outdoor - USports</b><br>Invasion games (Rugby) | <b>Outdoor - USports</b><br>Bat and ball skills (Cricket)                     | <b>Outdoor - USports</b><br>Invasion games (Rugby)                      | <b>Outdoor – Usports</b><br>Bat and ball skills (Cricket)     |







## PE Kit

Pumps/Trainers (please, no laces)

T-shirt

Shorts

Tracksuit bottoms/leggings on cold days with  
school jumper

Earrings removed or taped over (e.g. micropore)

Hair tied back

Children to come to school on PE days in their  
kit.



# Timetable

## WE LOVE READING!



- **Library**  
Wednesday
- **Reading books and Sharing books** will be changed before Wednesday each week. This is to accommodate two group reading sessions each week in school.
- Our expectation is that children should read their phonics practice book to an adult at home and have their sharing book/library book read to them more than once to help with fluency and comprehension. Please write in planner, detailing page numbers and any further comments particularly during Reading Awards, where two reads a night are counted towards their Reading badge.
- Each week, a child will bring home their class Reading companion to compare! There will be a cuddly toy, two books and a diary within. Please share the books with your child and write a brief description in the diary of which books you liked the most and why! Encourage your child to draw a picture of themselves too with the cuddly toy.





# Outdoor Learning



- Our outdoor learning provides a specialised learning approach that offers children regular opportunities to achieve and develop confidence and self-esteem through hands-on learning experiences in a natural environment
- Experiences link to curriculum subjects: Science, Art, Geography and PSHE
- Our outdoor learning takes place on a Wednesday afternoon. Children do not need a change of clothes, however if it is raining, please do send in wellingtons!



# Relax Kids

- Every Wednesday afternoon, children will also take part in a new session called Relax Kids.
- Relax Kids supports your children's mental and emotional health and wellbeing with a range of tools and techniques to help calm their body and mind and build confidence and self-esteem.

|                |  |
|----------------|--|
| <b>MOVE</b>    | <p><b>Benefits of Movement and Warm up:</b><br/>           Improves circulation<br/>           Releases endorphins<br/>           Boosts energy<br/>           Develops flexibility, coordination, balance and strength</p>  |
| <b>PLAY</b>    | <p>move <b>PLAY</b> stretch feel breathe believe relax</p> <p><b>Benefits of Mindfulness games:</b><br/>           Encourages social interaction<br/>           Improves communication, cooperation<br/>           Develops confidence and self esteem<br/>           Develops language and social skills</p>  |
| <b>STRETCH</b> | <p>move play <b>STRETCH</b> feel breathe believe relax</p> <p><b>Benefits of Stretching:</b><br/>           Improves circulation and boosts immune system<br/>           Promotes balance and mental calm<br/>           Sharpens concentration<br/>           Decreases tension</p>   |
| <b>FEEL</b>    | <p>move play stretch <b>FEEL</b> breathe believe relax</p> <p><b>Benefits of Peer Massage:</b><br/>           Lowers stress levels and relieves tiredness<br/>           Helps relax muscles and calms the nerves<br/>           Promotes better social contact, respect and communication<br/>           improves circulation and stimulates lymphatic system</p> |
| <b>BREATHE</b> | <p>move play stretch feel <b>BREATHE</b> believe relax</p> <p><b>Benefits of Breathing:</b><br/>           Brings energy to the respiratory system<br/>           Calms the nerves<br/>           Develops concentration and clarity<br/>           Helps reduce anger, anxiety and stress</p>   |
| <b>BELIEVE</b> | <p>move play stretch feel breathe <b>BELIEVE</b> relax</p> <p><b>Benefits of Affirmations:</b><br/>           Promotes positive thinking<br/>           Develops self confidence and self esteem<br/>           Boosts self-esteem<br/>           Improves emotional resilience</p>  |
| <b>RELAX</b>   | <p>move play stretch feel breathe believe <b>RELAX</b></p> <p><b>Benefits of Visualisations:</b><br/>           Improves concentration, listening skills and memory<br/>           Improves mental and emotional health<br/>           Promotes deeper sleep<br/>           Develops imagination and creativity</p>  |







## Group Challenge!

This is an activity that we include in a variety of lessons to encourage important skills such as collaboration, sharing and good speaking and listening. The children work towards a common goal in a pair or small group. They will be praised for their attitudes as much as for the end result. If your child wins a rosette it is because they showed excellent social skills and speaking and listening skills. The rosette is for them to keep!



# Ways to help your child at home



- **Reading** - As per previous
- **KIRFS** – To be practised throughout the term in class and at home
- **Spellings** - Taught through Little Wandle each day. With a separate handwriting and spelling session x3 a week. Please practise common exception words in your child's planner, phonics information will be sent home each week on a Friday
- **Golden Folder** – Daily to share with peers on a Friday, children are encouraged to bring in writing and maths work from home to celebrate.



# Expectations in Year One

READY, RESPECTFUL, SAFE



- **Politeness**

- **Independence – Brain, Buddy, Boss**

Children are responsible for their belongings and organising themselves at the end of the day. Please encourage independence when getting dressed and ready for school too

Children whose good behaviour or work stands out may receive a 'Values Rainbow' badge and be celebrated in our Friday Celebration assembly.



# What to do if you need to contact us:



- Speak to us before 8:55am if it's just a quick message
- Make an appointment to speak to us after school
- Leave a message at the office which will be passed on to us
- Email us at [admin@shinfield.wokingham.sch.uk](mailto:admin@shinfield.wokingham.sch.uk) including your child's class in the subject line. These emails will be forwarded on to us
- Any non urgent messages can be written in the planner, however please be aware that these are not checked each day.





# What you can do to help in school:



- **Help in the classroom listen to children read**  
(you will need to have a DBS check carried out)
- Join the Friends of Shinfield, have you got any great fund raising ideas? Please share them with us!
- Come along to events such as plays and class assemblies  
(Spring term)
- Support the cake sales, especially for your child's class
- Look out for donations we would be grateful for, detailed in termly curriculum news.



# What to bring to school



- Water bottles (with plain, still water) everyday
- Book bag with new reading envelope including planner and reading/library books
- Coat and hat/gloves for cold or warm weather.

**Please make sure all your child's belongings are named, including school uniform and shoes.**



# What to bring to school



- Water bottles (with plain, still water) everyday
- Book bag with new reading envelope including planner and reading/library book

## No toys please!

- Coat and hat/gloves



weather.

Please make sure all

books are named, including

pages.



# Other Important Information

- **Curriculum News** – you will receive this with the start of every half term
- **Newsletters** – you should receive these by every Friday; please let the office know if you don't get them
- **Phonics and Handwriting Support** – you will receive these weekly in your child's book bag
- **Year 1 Phonics check** – takes place next June, there will be a meeting about this nearer the time, weekly phonics sheets detailing what your child has been taught that week
- **Curriculum** – expectations are very high, we will do our best to keep you informed whether your child is on track to meet end of year curriculum expectations
- Our first **parents evening** will be before the October half term holiday
- **Rainbow Values badge** links to our school values
- **Handwriting pencils** are awarded to one child in each class each week for neat, careful handwriting, Nelson Handwriting Scheme.

the Newsletter at





Welcome to Key Stage 1 and Year 1!

Any questions?

